

Andy G. Beshear  
Governor

## KENTUCKY BOARD OF PHYSICAL THERAPY

312 Whittington Parkway, Suite 102  
Louisville, Kentucky 40222  
<http://pt.ky.gov>



Scott D. Majors  
Executive Director

March 26, 2020

Dear Kentucky Licensees and Physical Therapy Patients,

Yesterday the number of deaths in the United States secondary to the novel coronavirus was reported as a to-date daily high of 223. Just last Sunday morning the nationwide cumulative deaths were 326. Physical Therapy health care professionals, physical therapy patients, and the public in general are experiencing significant anxiety, fear, and amazing disbelief that this global epidemic has invaded our Commonwealth throughout even the most rural communities.

I want to implore each and every licensed physical therapy professional, all physical therapy support personnel, and all physical therapy patients to utilize extreme caution and best judgment regarding the associated risks of COVID-19. Phone call consultations, telehealth visits, and on-line physical therapy educational tools are readily available to avoid in-person contact and those associated risks.

In the event your physical therapist determines that avoiding in-person physical therapy is unlikely to result in serious and/or irreparable harm to you if not provided for more than 30 days (as explained by the Cabinet for Health and Family Services Office of Inspector General letter of March 24, 2020 [CHFS letter](#)), then please seek other options rather than in-person physical therapy.

In the event your physical therapist, in his or her professional judgment, deems that your condition and diagnosis is Emergent or Urgent (according to guidelines outlined in the March 24, 2020 letter [CHFS letter](#)) and as a patient you make an informed decision to receive in-person physical therapy, then please adhere to the recommendations (as referenced in the March 24, 2020 letter [CHFS Letter](#)), which include CDC COVID-19 guidelines.

I would like to personally thank Governor Beshear, Inspector General Mather, the Cabinet for Health and Family Services' Office of the Inspector General, and our distinguished legislators for their leadership and guidance during this unprecedented health care crisis.

Respectfully,

A handwritten signature in black ink that reads "Tom Pennington".

Tom A. Pennington, P.T.  
Chair, Kentucky Board of Physical Therapy